

Thursday, January 2

- Breastfeeding Class - 6:00pm

Tuesday, January 7

- Childbirth Preparation Class - 6:00pm

Thursday, January 16

- Lunch & Learn: Renew - the med spa - 12:00pm
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Breastfeeding Class

Time: 6:00pm



Carolina Pines hosts monthly breastfeeding classes on the first Thursday of each month. These classes are taught by Certified Lactation Consultant, Holly Prescott. Learn all about the basics of breastfeeding before your sweet bundle of joy arrives!

Childbirth Preparation Class

Time: 6:00pm



Please join us for a childbirth preparation class on the first Tuesday of each month taught by Labor and Delivery nurse, Chandra Jeppson. Topics to be covered: labor and delivery process, postpartum care, newborn care, car seat safety/safe sleep, tour of Labor and Delivery Unit, Q&A.

Lunch & Learn: Renew - the med spa

Time: 12:00pm



RENEW the med spa

Carolina Pines Medical Group, Suite 103

Lunch & Learn

Thursday, January 16

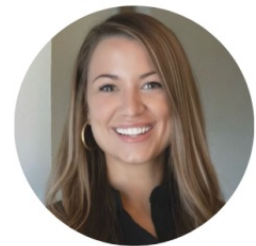
12PM - 1PM

Education Classroom at
Carolina Pines

Join us for lunch, connect with our team, tour the new med spa, and learn all about **RENEW** - the med spa at Carolina Pines Medical Group - and the incredible services we offer!



Brittany Kelley
Spa Manager



Morgan Howle
Esthetician

Register by visiting cprmc.com/event/234
Lunch Provided